



TANZANIA STANDARD

Spices and condiments — Nomenclature

Draft for comments only

TANZANIA BUREAU OF STANDARDS

Draft for comments only

Spices and condiments — Nomenclature

0 Foreword

This Tanzania standard provides different plants classified under spices and condiments and which have been recommended for use in the preparation of spices and condiments. Most of the plants which appear in the list are those which are commonly used as spices and condiments. The plants are given both in their botanical names and common names in English and/or Kiswahili.

In the preparation of this Tanzania standard considerable help was derived from spices processors in the country. Some information was obtained from ISO 676:1995 and from the University of Dar es Salaam, in particular the Department of Botany at the College of Natural and Applied Sciences.

1 Scope

This Tanzania standard prescribes the list of botanical names of plants classified under spices and condiments. This standard also gives the parts of the plant used as spices, the common name of spices and condiments in English and/or Kiswahili for both imported and grown in the country.

2 Terms and definitions

For the purposes of this Tanzania standard the following terms and definitions shall apply:

2.1 spices

are fresh or dried plant parts such as seed, fruit, root, bark or leaves of the plant either in whole or ground form used in small quantities to season or flavour food.

2.2 condiments

are pungent, hot or fatty substances or a mixture of each used in small quantities in foods to improve flavour.

3 List of spices and condiments

The list of spices and condiments together with their botanical, common names in English and Swahili and the parts used as the spice or condiment are given in Table 1.

Table 1 — List of spices and condiments

S/No	Botanical	English	Swahili	Part used
1.	<i>Allium cepa</i> Linnaeus	Onion	Kitunguu maji	Bulb,
2.	<i>Allium ampeloprasum</i>	Leek	liki	leaves
3.	<i>Allium schoinoprasum</i>	chive	Kutunguu majani	leaves
4.	<i>Allium sativum</i> Linnaeus	Garlic	Kitunguu saumu/thaumu	Bulb
5.	<i>Anethum graveolens</i> Linnaeus	Dill seed	Binzari/bizari nene	Fruit
6.	<i>Apium graveolens</i> Linnaeus	Celery, garden celery	Figili mwitu	Fruit, root, leaf
7.	<i>Brassica nigra</i> Linnaeus	Black mustard	Haradali-	Seed
8.	<i>Capsicum frutescens</i> Linnaeus	Chillies,	Pilipili kali/hoho	Fruit
9.	<i>Capsicum annuum</i> Linnaeus	paprika, Capsicum. o (Sweet pepper)	Paprika/ Pilipili tamu/ Mboga (hoho)	Fruit
10.	<i>Carum carvi</i> Linnaeus	Caraway	Kisibiti	Fruit
11.	<i>Cinnamomum zeylanicum</i> Blume	Cinnamon	Mdalasini	Bark and leaves
12.	<i>Coriandrum sativum</i> Linnaeus	Coriander	Kasubara or giligilani	Leaf and seed
13.	<i>Crocus sativus</i> Linnaeus	Saffron	Zafarani	Stigma
14.	<i>Cuminum cyminum</i> Linnaeus	Cumin	Binzari nyembamba/uzile/eera	seed
15.	<i>Curcuma longa</i> Linnaeus	Turmeric	Binzari/bizari/ manjano	Rhizome
16.	<i>Elettaria cardamomum</i> Maton	Cardamom	Iliki	Fruit and seed
17.	<i>Syzygium aromaticum</i> (L) Merrill and Perry	Cloves Clove stem	Karafuu makonyo	flower bud and stem
18.	<i>Foeniculum vulgare</i> P Miller	Fennel	Shamari	Fruit and Seed
19.	<i>Mangifera indica</i> Linnaeus	Mango	Embe	Unripe fruit slices or powder
20.	<i>Mentha spicata</i> Linnaeus	Spearmint/mint	Mnanaa/nanaa	Leaf
21.	<i>Murraya koenigii</i> (L) Spreng.	Curry leave	Mvuje	Leaf
22.	<i>Myristica fragrans</i> Houtt.	Nutmeg/ Mace	Kungumanga / Basibasi	Kernel/ Aril
23.	<i>Papaver somniferum</i> Linnaeus	Poppy	-	Seed
24.	<i>Pimpinella anisum</i> Linnaeus	Aniseed	-	Fruit
25.	<i>Piper nigrum</i> Linnaeus	Black pepper White pepper Green pepper	Pilipilimanga	Berry
26.	<i>Piper longum</i> Linnaeus	Long pepper (pipli of papal)	Pilipili ndefu	Seed and leaves
27.	<i>Satureja hortensis</i> Linnaeus	Savory	-	Leaf and flowering top
28.	<i>Brassica hirta</i> Moench (Syn. <i>Sinapis alba</i> Linnaeus)	White mustard Yellow mustard	Haradali	Seed
29.	<i>Thymus vulgaris</i> Linnaeus <i>Thimbra spicata</i>	Thyme	Zatari	Leaf and flowering top

S/No	Botanical	English	Swahili	Part used
30.	<i>Trigonella foenum-graecum</i> (L)	Fenugreek	Uwatu	Seed
31.	<i>Vanilla fragrans</i> Ames (Synonym <i>Vanilla planifolia</i> Andrews)	Vanilla	Vanila	Pod(cured fruit)
32.	<i>Vanilla tahitensis</i> Moore	Vanilla	Vanila	Pod (cured fruit)
33.	<i>Zingiber officinale</i> Roscoe	Ginger	Tangawizi	Rhizome
34.	<i>Cymbopogon citrates</i>	Lemon Grass	Mchaichai	Leaf
35.	<i>Rosmarinus officinalis</i>	Rosemary	Rozi meri	Leaf
36.	<i>Salvia officinalis</i> , <i>Salvia triloba</i>	Sage	-	Leaf
37.	<i>Mentha piperita</i>	peppermint	Mperemende	Leaf
38.	<i>Artemisia dracunculus</i>	Tarragon	-	Leaf and flowering top
39.	<i>Alpinia galanga</i>	Galangal root	Khulinjani	Rhizome
40.	<i>Monarda citriodora</i>	Lemon mint	Mpamba wake	Leaf
41.	<i>Averrhoa carambola</i> L.	Carambola/star fruit	Mbilimbi/mbirimbi	Fruit
42.	<i>Averrhoa bilimbi</i>	Belimbing	Mbilimbi/mbirimbi	Fruit
43.	<i>Origanum vulgare</i> L.	Oregano	Mzamda	Leaf, flower
44.	<i>Pimenta dioica</i> (L.) Merr. J.W.Moore	Pimento, allspice	Allspice	Immature fruit, leaf
45.	<i>Tamarindus indica</i> L.	Tamarind	Ukwaju	Fruit
46.	<i>Ocimum basilicum</i> L.	basil	mrehani	Leaves
47.	<i>Laurus nobilis</i> L.	bay		leaves
48.	<i>Citrus limon</i> L	lemon	Limao	Fruit
49.	<i>Citrus aurantiifolia</i> (Christm,) Swingle	lime	ndimu	Fruit
50.	<i>Citrus sinensis</i>	Orange peel	Maganda ya machungwa	Fruit peels
51.	<i>Lavandula angustifolia</i> Mill	Lavender	mrujuani	Flowers

Draft for comments only